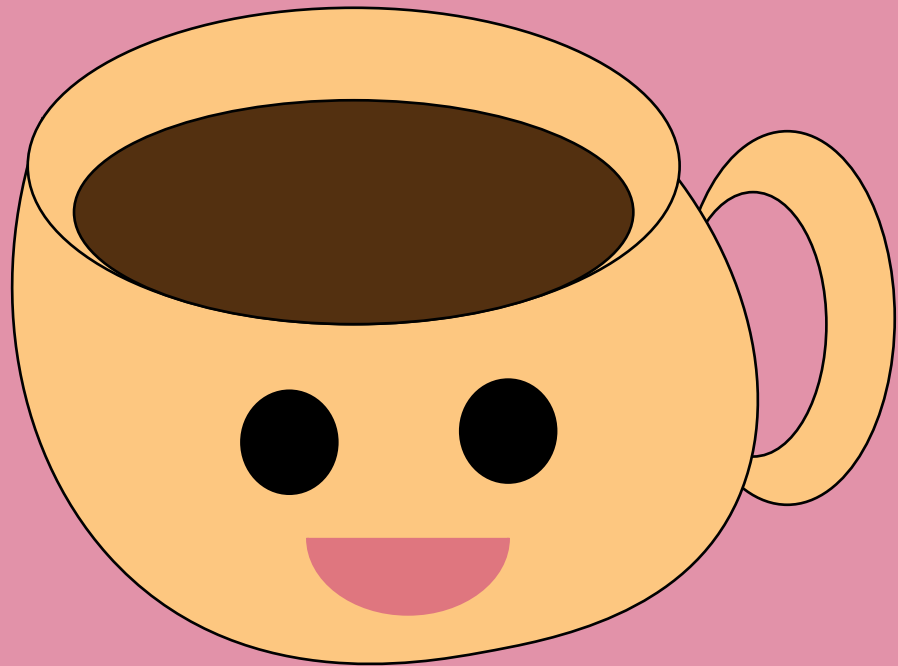


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HAPPY

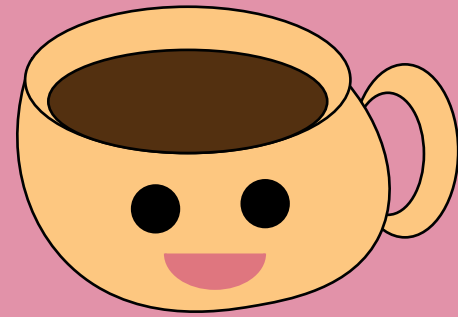


COFFEE

MENU

Mechanicsburg, PA

# MENU



## COFFEE

DRIP COFFEE 3.25  
Freshly brewed and locally roasted  
Lonely Monk Coffee  
COLD BREW 4.50  
Smooth and refreshing in-house cold brew served on ice

## ESPRESSO

ESPRESSO 1.50/2.50  
Single or double shot of espresso  
CORTADO 4.00  
1 to 1 ratio of espresso & steamed milk  
CAPPUCCINO 4.25  
Double shot of espresso served with steamed milk  
AMERICANO 3.25  
Double shot of espresso poured over water; served hot or iced  
LATTE 4.75  
Double shot of espresso with milk; served hot or iced  
MOCHA 5.75  
Double shot of espresso with milk and mocha sauce; served hot or iced  
CARMEL MACCHIATO 5.50  
Milk & vanilla syrup topped with 2 espresso shots & a caramel drizzle; served hot or iced  
FRAPPE (vanilla, caramel or mocha) 5.75  
Your choice of flavor blended with milk, espresso & ice topped with whipped cream

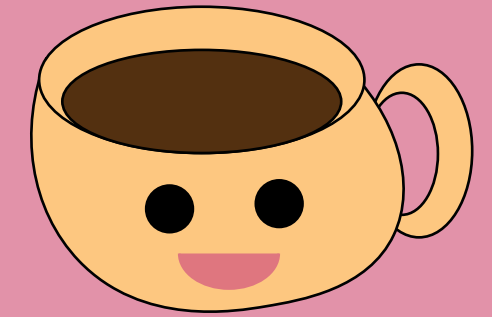
## TEA

CHAI LATTE 5.25  
Fresh house brewed chai with milk & agave; served hot or iced  
DIRTY CHAI LATTE 5.95-6.25  
Espresso added to our signature chai latte; served hot or iced  
MATCHA LATTE 5.25  
Locally sourced unsweetened matcha tea powder & milk; served hot or iced  
LONDON FOG 5.25  
Locally sourced early grey tea with milk & simple syrup; served hot or iced  
HOT TEAS 3.50  
Choose from our selection of black, herbal & green teas  
ICED TEAS 3.75  
Choose from our selection of black, herbal & green teas; served over ice  
KOMBUCHA 4.50  
Seasonally changing kombucha served on tap

## SMOOTHIES

PINKY PROMISE 7.15  
Strawberries, bananas, oats, honey, peanut butter & oat milk  
COOKIE MONSTER 7.15  
Bananas, oats, almond butter, dates, vanilla, sea salt & oat milk  
GO GREEN 7.15  
Avocado, spinach, bananas, pineapple, peppermint & oat milk

# MENU



## BAKED GOODS

MUFFINS 4.00-4.25  
Freshly baked in-house (V&GF options)  
COOKIES 3.25  
Freshly baked in-house (V&GF options)  
BANANA BREAD 3.50  
Freshly baked in-house (V)  
BAKED OATMEAL 4.25  
Freshly baked in-house oatmeal served with your choice of steamed milk (V)

## BREAKFAST

AVOCADO TOAST 6.50  
Toasted artisan bread topped with avocado, sunflower seeds, olive oil, salt, pepper, & micro-greens (V)  
BREAKFAST SANDWICH 7.00  
Turkey, egg, and cheese served on an English muffin, plain bagel or everything bagel (add avocado & spinach for 75 cents)  
FRITTATA 8.50  
Seasonally changing egg frittata served with your choice of side  
PEANUT BUTTER BREAD & SPREAD 5.75  
Whole grain bread topped with peanut butter, banana, hemp seeds & honey  
ALMOND BUTTER BREAD & SPREAD 5.75  
Whole grain bread topped with almond butter, blueberries, coconut flakes, hemp seeds & honey  
HEALTHY FIX ACAI BOWL 12.75  
Acai and banana base topped with granola, blueberries, strawberries, coconut flakes & honey

## LUNCH

LUNCH IS SERVED WITH YOUR CHOICE OF SIDE!  
GLUTEN FREE OPTIONS AVAILABLE  
CHICKEN PESTO PANINI 12.00  
Shredded chicken breast, pesto, provolone cheese & roasted red pepper served on sourdough bread  
TURKEY BRIE AND CHUTNEY PANINI 12.00  
Turkey, brie cheese, spinach and our homemade chutney spread on sourdough bread  
CHICKEN SALAD SANDWICH 10.75  
Our homemade chicken salad topped with fresh greens served on toasted artisan bread

## SIDES

PASTA SALAD 2.75  
Orzo, tomato, cucumber, onion, feta, vinegar, olive oil, pepper, salt & sugar  
FRUIT SALAD 2.75  
Seasonal fresh fruit salad  
GREENS 2.50  
Spring mix topped with homemade balsamic vinaigrette (V&GF)  
CHIPS 1.50  
Multi-grain chips (V&GF)

# ABOUT THE OWNER



Marissa Carr is originally from Glenville New York, but she moved to Mechanicburg after graduating from Messiah to be closer to the area she grew to know and love. Marissa graduated with a major in public relations and is pursuing her dream of opening a restaurant. Marissa's favorite thing to order is a chicken salad sandwich with pasta salad, a mocha frappe, and a homemade cookie. If you ever see her in the store, feel free to say hello!